Held on Tuesday 11th July 2017

9:30am - 11:30am - Room 25 (near Guist Ward) - NNUH



Minutes

Present

Lisa Brophy (LB)	MSLC Chair
Rachel Graveling (RG)	MSLC Vice Chair
Barbara Jackson (BJ)	Antenatal/Postnatal Services Manager
Rebecca Champion (RC)	Engagement Manager – North Norfolk for Central CCG
Lesley Bradfield (LBr)	Time Norfolk
Alex Griffiths (AG)	Student Midwife
Emma Dufficy-Rope (ED-R)	Senior Midwife MLBU
Tracey Miller (TM)	MLBU Team Leader
Annabel Trick (AT)	Family Nurse
Martin Cameron (MC) (part)	Consultant Obstetrician
Sherry-Anne Halliday (SH)	Co-ordinator

1 - Apologies

Catherine Lock (CL)	Delivery Suite Midwife
Felicity Hancock (FH)	Specialist Paediatric Osteopath
Ruth Sanders (RS)	Midwife
Deborah Bagley (DB)	User Representative – Postnatal Yoga
Dilly Turton (DT)	Healthwatch
Jackie Heffer-Cooke (JHC)	Orange Grove Clinic
Sian Verney (SV)	About Birth & Babies Antenatal Teacher
Rosy	

2 - Minutes from Last Meeting

The minutes from the	last meeting on 25 th April were approved	
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3 - Actions Arising / Standing Items

	LB confirmed we would take items out of order as we were starting early and hoping for others to arrive	
f) &	Sonographer/Chaplain meeting	
g)	SH confirmed that we now had a date in the diary for the 3 rd August for Chaplain meeting. LBr aware. Also confirmed that SANDs should be able to send a representative. If anyone else would like to attend and not already sent an invitation let SH know SH confirmed that we had been made aware that there has been a change in personnel in relation to the sonography obstetric lead, and I had recently emailed to make contact	SH to maintain contact
e)	Quality Schedule	
	JF not present to discuss	

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a)	Statistics No new statistics available	
b)	Specialist Mental Health Bid/Unit SH confirmed from newspaper articles bid successful. No-one available to comment further about progress	
	RG confirmed she attended the Community Perinatal Mental Health Stakeholder Day on 5 th July on behalf of the MSLC. Naomi Farrow of Get Me Out of the Four Walls chaired the event and there were various speakers during the day	
	LB gave an overview regarding Best Beginnings and the Baby Buddy app. Also that there is a current project using money from Comic Relief in conjunction with Heads Together where Norfolk has been selected to be involved in the development of a perinatal section of the app	
	SH confirmed there is a further meeting regarding the development of the app on 28th July if anyone would like to attend	
c)	Birth and Beyond Framework Pam Sizer on holiday	
d)	Translation Project / Leaflet Review BJ explained there is a laminated sheet available on the wards saying that leaflets are available in different languages. There is then a directory of links available from various sources (not necessarily from NNUH) that can be printed with further information.	
	RG confirmed she thought it was a Healthwatch requirement that the NNUH leaflets were available in different languages. SH said she thinks it was a requirement on the Quality Schedule that the leaflets were available in the top 2 languages. It had been discussed previously that this may not have been cascaded internally	SH to try and investigate requirement
	LB highlighted that we had feedback to say that there is still no explanation on the ward by way of a summary sheet with basic information including meal times, directions etc. BJ said that there is a folder of patient information which is available at the end of the bed. There was discussion regarding whether it was made clear that patients could read this information (as it could be confused with notes) and if someone was recovering from a c-section for example, whether they could physically access this information	
h)	STP Meeting RG and SH gave an overview regarding the Sustainability and Transformation Plan and working together going forward in conjunction with Queen Elizabeth Hospital in Kings Lynn, and James Paget in Gorleston. There have been meetings taking place to discuss – there is to be a plan in place by September/October in how the Better Birth recommendations are to be implemented. A big part of this is co-production, and we'd added an agenda item to the meeting for PM on the 11 th July to discuss further	

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i)	Accuracy of Scans BJ reaffirmed there had been a change in personnel and Emma had just taken over.	SH to maintain contact with sonography
	SH had an email from Heidi Croxton confirming that there is currently no analysis taking place comparing the estimated size of babies upon scanning, and the actual size of the babies upon delivery	
	Discussed we had been in contact with the Perinatal Institute who initiated the GROW project who had explained there were analysis tools available and further training if required – of which was had passed details to Heidi	
	LB gave an outline of a letter that Healthwatch has written to the maternity department which we have been copied into. This included: Postnatal ward checklist Lack of communication between Midwifery team and obstetricians Communication between Maternity Department and Sonography department is patchy	

4 - New Items

a)	Maternity Regional Reference Workshop LB attended this meeting in Cambridge on behalf of the MSLC. We are looking at the MSLCs/MVPs (maternity voices partnerships) in the area working together following the new STP framework	
	LB confirmed that NHS England are trying to get more MVPs involved in the projects – some areas do not have MVPs, and in a lot of cases they are not funded, or only funded a small amount	
	SH highlighted in some areas where there are not currently MSLCs/MVPs the CCGs are directly advertising for chairs with a salary of just under £4,000 to facilitate this role. There is national guidance saying £8,000-£10,000 of funding would be required in order to facilitate effectively (paying for expenses, childcare for meetings etc) however this generally not what is available	
b)	Norfolk and Waveney Sustainability and Transformation Plan – Public Meeting 17 th July SH has circulated details, however just to highlight/discuss this meeting is being held.	
	RG has a newspaper clipping regarding the meeting – this has been called by Healthwatch and will include all subjects as part of the programme	
	(http://www.healthwatchnorfolk.co.uk/ingoodhealth/ and http://www.healthwatchnorfolk.co.uk/news/have-your-say-on-the-future-of-health-and-social-care/ for more information)	
c)	Postpartum Study at UEA regarding Smoking Cessation LB highlighted this has been circulated for ladies to take part	
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d)	Perinatal Stakeholder Event - Already discussed above	
e)	NCT Voices Engagement Event No-one able to attend due to short notice and clash with Perinatal Event	
	It was highlighted that Frances Bolger asked JPUH to represent NNUH	
f)	Midwifery Event – 12 th September	
	RG explained Becky Reed's role from Albany and the system that they had in place. This event has been circulated	

5 - Current Survey - MLBU Focus

SH confirmed we had a number of responses regarding the survey of the MLBU	
Unfortunately the results are hard to print due to the amount of data, however electronic version had been circulated	
On the overview, from 114 responses, 76 wanted to give birth on MLBU, and only 31 ladies ended up giving birth on the MLBU	
Highlighted there is some extremely positive feedback, however also some feedback regarding issues such as breastfeeding support, discharge times, which are all common themes discussed previously	
Discussion followed regarding support after baby, and the role of Get Me Out of the Four Walls. RG had said at the Perinatal event highlighted the group was currently at around 3500+ members. LBr was concerned if the representatives were giving advice and not qualified counsellors, SH explained the title used was ambassadors, and they generally arranged events to get people out and about postnatally – not necessarily providing counselling services. NT confirmed they had seen Naomi previously in the family clinic	
(Side note – they have a recruitment day for ambassadors on 22 nd July https://www.getmeout.org.uk/ambassador-recruitment-day)	
SH has also been contacted in the past regarding a Dad's support group. LBr and LB have both had recent feedback where the Dad's have had differing degrees of trauma following their baby's births – mainly due to lack of communication through the process. Mothers had complications, and Dads not being kept informed of what was happening with mother and left with baby not knowing. LB said there was a new NCT campaign regarding trauma and communication	
RC has suggested it may be worth ensuring these groups are added to the official Norfolk Directory – details of how to submit the details should be available online	SH to Follow Up

MC asked if the information in the survey results can be shared. SH

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confirmed there was an explanation that the information would be shared with the NNUH to provide feedback on services, and also that any contact information had been removed, therefore it was fine. SH explained the only contact information that people could provide (via an optional field) was an email address. It was highlighted that this was to be filled in if people wanted to be contacted about their experiences. The intention being to send a generic email thanking for the feedback, and also providing details of PALs and Birth Reflections if necessary, however this hadn't been done at the moment as conscious not to overload the department – hence wanted to discuss with department first	SH to contact department prior to sending email
LB and BJ discussed questions to put forward this time – possibly linked to the feedback received about Blakeney Ward in the current survey BJ suggested questions around partners staying on the ward. It is also noted that it depends on when the ladies gave birth as to the responses (the previous questions related to ladies who have given birth in the last two years, therefore some items would have changed already). As an aside, they are already investing in places for the partners to sleep to try and improve things. LB suggested looking at the folder issue	SH to put together questions and arrange to be published
SH confirmed we have a limit of 5 questions on this free site. If we wanted more we would have to pay. The previous Survey Monkey option which was used cost £300 a year	
RG stressed the importance of projects such as "Whose shoes" whereby maternity staff had to "experience" various things a labouring woman could experience so there was a degree of empathy	

6 - Implementing Better Births

a)	Changing Name	
	It was agreed that we would change the name of MSLC to MVP in line with national changes	SH to start looking at implementation
	RC has offered use of logo design service if we need it. LB has said there maybe a national logo we could adapt. If not we would need a brief to sent to RC	and logos
b)	Terms of Reference This is currently being held over until there is some more clarity via the STP project of how things are envisaged to work in our area	
	RG gave an overview of what has previously been discussed at the STP meetings. That we needed to try and ensure factors from Better Births such as continuity of care are to be implemented. There is movement to work	

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	together with JPUH and QE	
	Discussed the issues of us being a rural area, which presented its own challenges	
c)	Relaunch Event - Held over	
d)	Nothing else to be discussed	

7 - Confirmation of next meetings

a)	Next user representative meeting date TBA – likely September	
b)	Next main meeting – Tuesday 10 th October – again Room 22 from 9:30 to	
	11:30. This is due to room availability	
c)	2018 bookings	SH to liase
	We had pencilled in some dates for Wednesdays next year, however	with Frances
	conscious of who may be able to attend	Bolger re:
	·	dates

8 - A.O.B.

BJ – The department is looking at an induction of labour leaflet. Currently in draft form, would the MSLC like to provide feedback?	BJ to forward electronic version to SH
TM – There has been a lot of fundraising locally to help the MLBU. There are changes in the equipment available – new chair/beds which can be adjusted to suit the mother in various positions. Also the mattresses are going to be replaced with birthing cubes which can be changed to suit different positions	
Complementary therapy is going well – hypnobirthing and aromatherapy being offered	
They are currently looking at widening the admission criteria for MLBU (LB highlighted this links in with some of the survey responses we had received)	
AT – there is a parenting pathway programme being introduced for teenage pregnancy looking at various factors. The possibility of this programme being delivered in the home	
SH - The MSLC have been approached to see if we could contribute to catering costs for the midwifery study days with Dennis Walsh covering normal birth. It was discussed that although we send our support for this, we are not in the position to provide any funding regarding this	SH to confirm in email

For and on behalf of the Norfolk and Norwich MSLC Sherry-Anne Halliday MSLC Co-ordinator Norwich MSLC @gmail.com